



Quit with millions
around the world

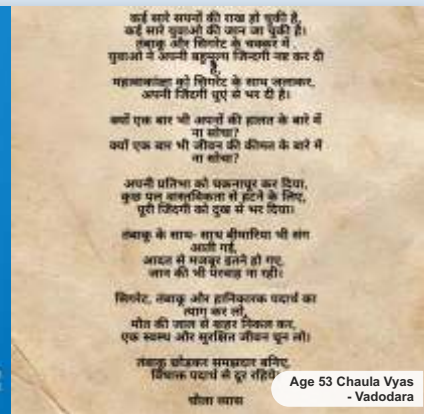
#CommitToQuit

World Health
Organization



Quitters
ARE
WINNERS

World Health
Organization



कहाँ बारी बरानी की राख हो चुकी है,
कहाँ बारी बरानी की जलन जा चुकी है।
तेबाकू और सिगरेट के चक्कर में
पुकाओं में अपनी बहुमूल्य जिन्दगी नष्ट कर दो।

महात्मागान्धेजी ने सिगरेट के साथ असहकार,
अपनी जिन्दगी पुरे से भर डी है।

क्यों एक बार भी अपनी की हलाक के बारे में
या सोचा?
क्यों एक बार भी जीवन की कीमत के बारे में
या सोचा?

अपनी प्रतिभा को धुनाना शुरू कर दिया,
कुछ पल साक्षरता से हटने के लिए,
पूरी जिन्दगी को दुख से भर दिया।

तेबाकू के साथ-साथ बीमारियाँ भी साथ
आती गईं,
आँखों से मजबूर डूबने हो गए,
जीवन की भी परवाह ना रही।

सिगरेट, तेबाकू और हानिकारक पदार्थों का
स्वागत कर लो,
मौत की जलन से बाहर निकल लो,
एक स्वस्थ और सुरक्षित जीवन चुन लो।

तेबाकू छोड़कर समग्रसार बनिए,
विशाल पदार्थों की दूर रहिए।
चौला व्यास

Age 53 Chaula Vyas
- Vadodara



Handwritten text in Hindi, including 'Masto ko' and 'Tobacco ko', with a skull illustration.

Age 14 Shreshtha Burman
- Jharkhand



Handwritten text in Hindi, including 'DON'T LET TOBACCO RUN HEALTH YOUR FITNESS IS YOUR WEALTH' and 'IT IS BECAUSE YOU HAVE TO FORCE'.

Age 22 Sonal Goyal
- Delhi



विश्वीय असहकार में अनुभवहीन मन ने तेबाकू
और सिगरेट को अपनी महल बना दिया,
इस अंधारे में जो हमें मृत्यु का वरदान हमको
अपना कीमती तक है जीवन निषेध।

क्यों पता था ये कालराज आदम की
कारणिकता में सुख के लिए?
क्यों पता था ये अंधार डीक में जो उजड़ाने के
लिए?

सिगरेट के पुरे में बरानी पायल हो गए,
इस कालराज जल में धुनाने, इस कालराज
जल में जो पुरे?

दोस्त कहते हैं तेबाकू छोड़कर कुछ कहना-कहना
या क्या है?
परिहार बारी बरानी, तेबाकू जलन जलन-जलन
क्यों रह रहा है?

बकरी-पिछाई और महामूर्ख कामकाज में
धारा हटने लगा था,
अब तेबाकू की बरानी में पता पड़ने लगा था।
अंधार कीमती तक और तेबाकू इस अंधार में
जो रहा था,
बीमारों के सफर में भी रुक रहा था।

बदलक रोती ने एक दिन बारी बरानी परीक्षा
को बनाई,
बारा-पिछाई की आँखों में पद प्रतिबिम्बित हुआ,
अंधार में जो उजड़ाने दुख की भावना जलती।

सिगरेट और तेबाकू छोड़ने का वादा है विद्या,
केवल जलजलन के द्वारा फैलाई जागरूकता में
जुड़ कर बचाना विद्या,
किंतु, अंधारा और कई बीमारियों का महादक
है तेबाकू, इस बात को समझ लिये।

तेबाकू जलन है दीर्घवधि बरन,
तेबाकू जलन है जीवित मरन।
तेबाकू जो पुरी मरन से खोज है,
तेबाकू की अंधार में अपना मुँह मोड़ लो।

मनन व्यास

Age 23 Manan Vyas
- Vadodara

WORLD NO TOBACCO DAY PROGRAM 2021

World No Tobacco Day was first commemorated by the World Health Organization in 1988. The World No Tobacco Day is observed every year on 31st May to make tobacco users aware of the opportunity to lead a healthier life. The theme for 2021 World No Tobacco Day is 'Commit To Quit'. Following were the programs Faith Foundation in collaboration with State Tobacco Control Cell, MoH&FW, Government of Gujarat & other partners namely Nehru Yuva Kendra Sangathan (NYKS), Ministry of Youth & Sports, Govt of India, The UNION Delhi, Indian Medical Association-Gujarat, The Gujarat Cancer Society Ahmedabad Etc.

Sr.	Date	Event	Partner	Details
1	01-05-2021 to 24-05-2021	Online contest		Online Competition (Drawing/Painting, Poetry, Short Video/ Reels Competition) organized by Faith Foundation on the occasion of World No Tobacco Day with theme of "Commit to Quit".
2	25-05-2021	State level webinar on ToFEI compliance in Gujarat ; a step towards tobacco free generation webinar	State Tobacco Control Cell, MoH&FW, Government of Gujarat The UNION, Delhi	"ToFEI Compliance in Gujarat: A step towards Tobacco Free Generation" in collaboration with State Tobacco Control Cell, Health Department, Gujarat State and Education Department, Gujarat State and District Education Office. Total 108 Social worker & counselor of district tobacco control cell, Health Department, Jilla Panchayat and Education Inspectors - Education Department of all the 33 districts of Gujarat state joined in the webinar
3	26-05-2021	State level webinar on COTPA 2003 and role of doctors in tobacco control	State Tobacco Control Cell, MoH&FW, Government of Gujarat Indian Medical Association , Gujarat Chapter. The UNION, Delhi	"COTPA 2003 & Role of Doctor in Tobacco Control" in collaboration with State Tobacco Control Cell, Health Department, Gujarat State and Indian Medical Association – Gujarat Chapter. Total 68 Doctor's of IMA & Officials of STCC/DTCC joined in the webinar.
4	28-05-2021	State level webinar on commit to quit ; cessation a vital component of tobacco control	State Tobacco Control Cell, MoH&FW, Government of Gujarat, The Gujarat Cancer Society Ahmedabad, The UNION, Delhi	"Commit to Quit: Cessation a Vital Component of Tobacco Control" in collaboration with State Tobacco Control Cell, Health Department, Gujarat State and The Gujarat Cancer Society. Total 59 Doctor's of Gujarat Cancer society, Counselor of Tobacco Cessation Center, Counselor and Social Worker of District Tobacco Control Cell & Dental College joined in this webinar.
5	31-05-2021	State level webinar on Smoke/tobacco free gram panchayat	State Tobacco Control Cell, MoH&FW, Government of Gujarat, NYKS, The UNION, Delhi	"Tobacco/Smoke Free Panchayat" in collaboration with Nehru Yuva Kendra Sangathan (NYKS), Gujarat State. Total 63 District Youth Coordinator and Member of Yuva Mandas of NYKS joined in the webinar.
6	31-05-2021	Awareness program	SOG Police Station, Vadodara	Awareness and convey message to public by poster exhibition. Masks were distributed with the message of "No Smoking" and "No Spitting" at SOG Police Station – Tanladalja
7	31-05-2021	Awareness program	J. P. Road Police Station, Vadodara	Awareness and convey message to public by poster exhibition. Masks were distributed with the message of "No Smoking" and "No Spitting" program at J. P. Road Police Station
8	31-05-2021	Awareness program	Vadodara Municipal Corporation (VMC)	Awareness and convey message to public by poster exhibition. Masks were distributed with the message of "No Smoking" and "No Spitting" Mandvi Char Rasta – Vadodara.
9	31-05-2021	Awareness program	Parul University, Prohibition Department Vadodara.	Awareness program at Parul University, Vadodara for making housekeeping and cleaning staff for making them Tobacco Control ambassador. (Total 47 Participants)

Special Gratitude To The Dignitaries



DR. DINKAR RAVAL

Additional Director (Public Health)
Medical Services, Medical
Education and Research,
MoH&FW - Govt. of Gujarat



DR. AMARNATH VERMA

Deputy Director (Epidemic)
MoH&FW - Govt. of Gujarat



SHRI M.P. MEHTA

Deputy Director
Commissionerate of
School - Govt. of Gujarat



SHRI R.R. PATEL

Deputy Director,
Primary Education,
Govt. of Gujarat



MS. MANISHA SHAH

State Director,
Nehru Yuva Kendra Sangthan,
Gujarat



DR. RANA J SINGH

Deputy Regional Director
Tobacco And Ncd Control,
The UNION, Delhi



DR. DEVENDRAKUMAR R. PATEL

President
Indian Medical Association,
Gujarat Chapter



DR. GEETA JOSHI

CEO
Community Oncology Centre,
The Gujarat Cancer Society



DR. VIKRANT MOHANTY

Project Head and Principal Coordinator,
National Resource Centre for
Oral Health and Tobacco Cessation -
Maulana Azad Institute of Dental Sciences, New Delhi

Esteemed Speakers



MR. PRANAY LAL

Senior Technical
Advisor,
The UNION, Delhi



DR. AMIT YADAV

Senior Technical
Advisor,
The UNION, Delhi



DR. JAYESH SOLANKI

I/C State Nodal Officer,
State Tobacco Control Cell,
MoH&FW, Gujarat State



DR. HARSAD PRAJAPATI

State Tobacco Control Cell,
MoH&FW, Gujarat State



ADVOCATE ANANT CHRISTIAN

Founder Trustee
Faith Foundation,
Vadodara



MS. SUSAN SAMSON

Director Programme
Faith Foundation,
Vadodara

#WNTD2021 Photo Gallery

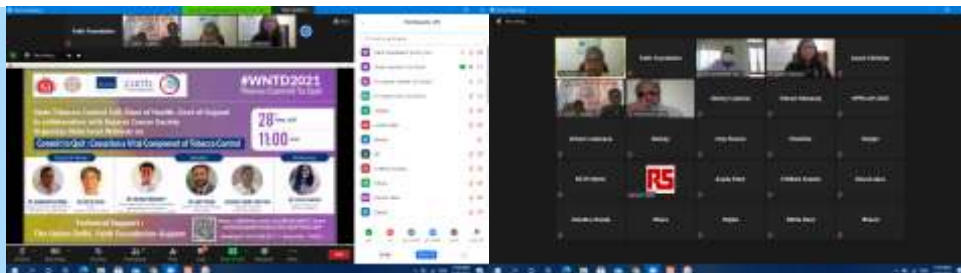
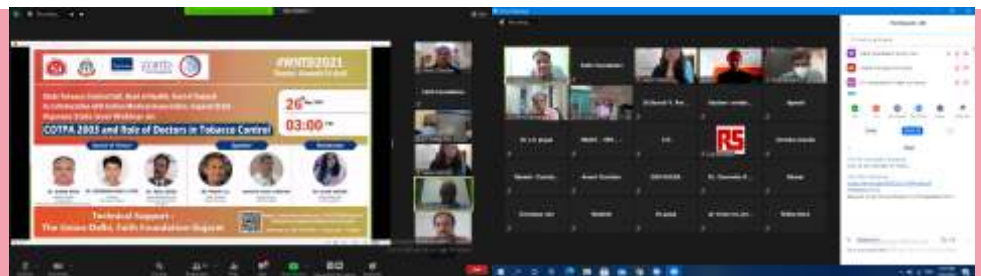


25-05-2021

"ToFEI Compliance in Gujarat:
A step towards
Tobacco Free Generation"

26-05-2021

"COTPA 2003 & Role of
Doctor in
Tobacco Control"

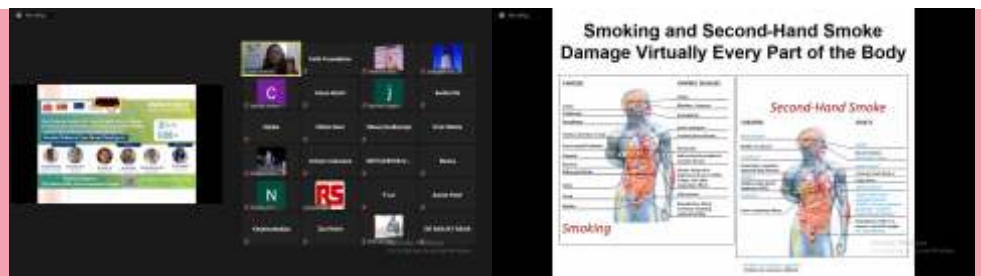


28-05-2021

"Commit to Quit:
Cessation a Vital Component
of Tobacco Control"

31-05-2021

"Tobacco/Smoke
Free Panchayat"



31-05-2021

Awareness Program

SOG Police Station,
Vadodara.

J. P. Road Police
Station, Vadodara.

Mandvi Char Rasta-
Vadodara.

Parul University,
Vadodara



RESULTS OF #WNTD2021 COMPETITION

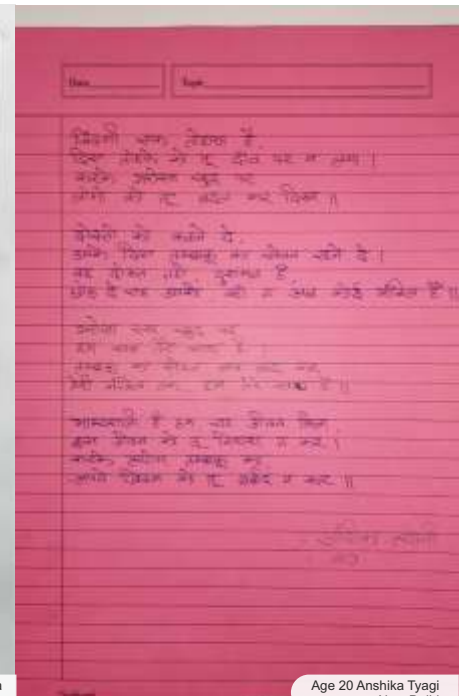
DRAWING / POETRY



Age 17 Aayush kumar Jha
- Jharkhand



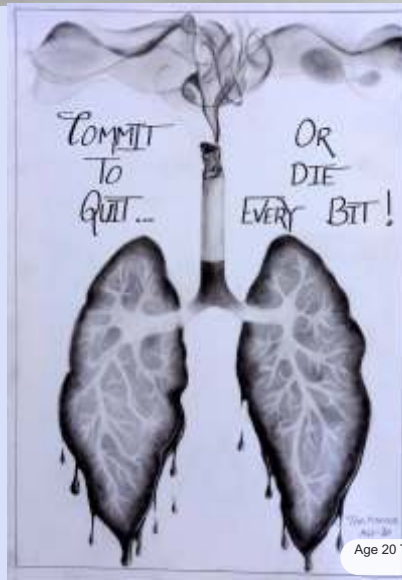
Age 14, Aisha Panda
- Odisha



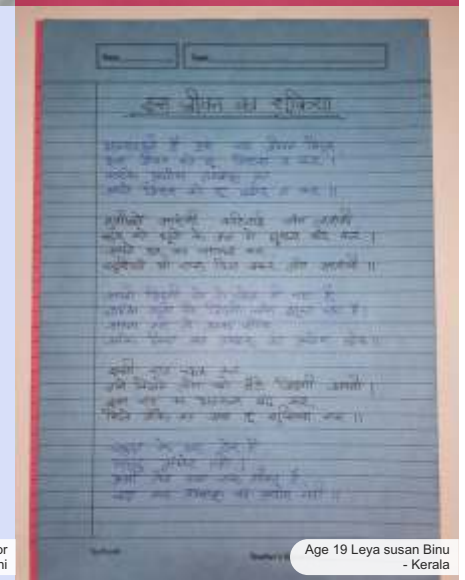
Age 20 Anshika Tyagi
- New Delhi



Age 10 Thiya Kshw Sureshkumar
- Chennai



Age 20 Tiya Kapoor
- New Delhi



Age 19 Laya Susan Binu
- Kerala

PRESS COVERAGE OF #WNTD2021



FAITH TEAM

ADVOCATE ANANT CHRISTIAN
Founder Trustee
Faith Foundation, Vadodra

MS. SUSAN SAMSON
Director Programme
Faith Foundation, Vadodra

FIELD OFFICER

AKSHAY AGNIHOTRI
BHARAT TADVI
CHIRAG SOLANKI
JIGNESH BARIYA
SUPRIYA SONAVANE (ACCOUNTANT)
DHARA LAHERI (M&E)